



Encouraging Vocations in the Sacramental Classroom

For Catholic School Teachers & Catechists

Ideal for students preparing for First Eucharist & Confirmation

Why Now?

First Eucharist invites children into a deeper love for the Mass and Jesus in the Eucharist.

Confirmation strengthens them to live as intentional disciples of Christ.

These moments are perfect for sparking reflection about how they might serve the Church and others in the future.

How to Begin the Conversation

Use short, simple questions during lessons, prayer time, or quiet reflection:

- “How do you think God wants you to share His love with the world?”
- “Have you ever thought about being a priest, a sister, a brother, or a holy husband or wife?”
- “What gifts has God given you that you could use to help others?”

Activities That Inspire

- Saint Spotlights: Highlight saints who followed different vocations.
- Vocation Prayer Time: Add a prayer for vocations to class prayer.
- Class Discussions: Create space for students to ask questions about different ways God calls people.
- Guest Speakers (if possible): Invite a priest, sister, or married couple to share their vocation story.

Remember: You don’t need to have all the answers—just open the door to curiosity and conversation. When teachers encourage students to listen for God’s voice, they help create fertile soil for future vocations to grow.