



## **Classroom Vocations Reflections for Lent (Cycle A)**

### **Elementary**

This resource is designed to help educators incorporate the theme of vocations into their lessons throughout Lent.

#### **First Sunday of Lent**

**Gospel:** Matthew 4:1-11 (The Temptation of Jesus)

**Vocation Theme:** Saying No to Bad Choices in Our Calling

##### **Lesson Outline:**

- Jesus says no to temptations by listening to God His Father.
- God has a special plan for each of us, like being kind or helping others, and we need to trust Him instead of distractions.
- Teach kids to pray simply and/or read Bible stories when they feel tempted.
- After Jesus resists temptation, God sends angels to care for Him. God gives us guardian angels to help protect and guide us when things are hard.

##### **Reflection Questions:**

- What fun things sometimes make it hard for me to make good choices?
- How can I ask God or my guardian angel to help me when I need help?

#### **Second Sunday of Lent**

**Gospel:** Matthew 17:1-9 (The Transfiguration)

**Vocation Theme:** Listening to God's Voice

##### **Lesson Outline:**

- Jesus' friends see Him shining bright and hear God's voice saying He's special.
- God talks to us in quiet ways, like in our hearts, to show us what He wants us to do.
- Help kids practice quiet prayer time to listen for God.

##### **Reflection Questions:**

- When has God made me feel happy or safe?
- How can I listen better to God every day?



## **March 19, Solemnity of St. Joseph**

**Gospel:** Matthew 1:16, 18-21, 24a or Luke 2:41-51a

**Vocation Theme:** Being a Good Helper Like a Dad

### **Lesson Outline:**

- St. Joseph listened to God and took good care of Jesus and Mary. He protected them, helped them, and loved them very much.
- God gives every person a special way to love and help others — and we can all learn from St. Joseph how to be caring and helpful.
- Children can be helpers too! For example: being kind to brothers and sisters, listening to parents, sharing with friends, helping at home, praying for people, or being gentle with others — just like St. Joseph was gentle and strong in caring for his family.
- Talk about simple, everyday ways kids can show love and care (drawing pictures, helping clean up, saying kind words, etc.).

### **Reflection Questions:**

- Who can I help today at home or at school?
- How can I be kind and brave like St. Joseph?

## **Third Sunday of Lent**

**Gospel:** John 4:5-42 (The Samaritan Woman at the Well)

**Vocation Theme:** Sharing God's Special Water

### **Lesson Outline:**

- Jesus meets a woman at a well and offers her “living water” — water that makes her heart happy forever and never runs out.
- This living water is Jesus’ love, friendship, and life that fills us up inside.
- When the woman drinks this living water from Jesus, she runs to tell all her friends and neighbors about Him — she wants everyone to know Jesus too!
- God gives us His love (like living water) so we can share it with others by being kind, helpful, and telling people about Jesus in our own small ways.
- Fun activity idea: Draw or talk about “What would it feel like to have water that makes your heart full and happy forever?” or do a simple water-pouring demonstration while talking about sharing Jesus’ love.

**Reflection Questions:**

- What makes my heart feel empty or thirsty sometimes?
- Who can I share Jesus' love with — like the woman shared with her friends?

**March 25, Solemnity of the Annunciation**

**Gospel:** Luke 1:26-38

**Vocation Theme:** Saying Yes to God

**Lesson Outline:**

- Mary says “yes” to God when the angel asks her to be Jesus’ mother.
- God asks each of us to say “yes” to Him in the ways we live every day. We can say “yes” by being a kind and loyal friend, helping people at home or school, and praying every day and listening to God.
- Every little “yes” helps us grow closer to God and prepares us for the bigger “yes” He might ask later when we are older.

**Reflection Questions:**

- What is one kind thing, helpful thing, or prayer I can do today as my “yes” to God?
- Is there anything that makes me nervous about saying “yes” to God?

**Fourth Sunday of Lent**

**Gospel:** John 9:1-41 (The Healing of the Man Born Blind)

**Vocation Theme:** Seeing God's Plan

**Lesson Outline:**

- Jesus helps a man who could not see, he gives him sight and helps him believe in God.
- God helps us see what He wants us to do, to be kind, honest, and helpful to others.
- God can help us notice the good path He has for our life, even when it’s hard to understand at first.
- Play a simple game (like blindfold trust walk) to show how we need to trust God to guide us.

**Reflection Questions:**

- When do I need God’s help to make good choices?
- How can I help a friend see God's love?



## **Holy Thursday - Institution of the Eucharist and the Priesthood**

**Gospel:** John 13:1-15 (The Washing of the Disciples' Feet)

**Vocation Theme:** Helping Others Like Jesus

### **Lesson Outline:**

- Jesus washes His friends' feet to show how to be a helper.
- Priests help us by giving us Jesus at the Mass.
- Talk about how priests are like Jesus, and we can help others too.
- Do a simple foot-washing role-play with water and towels.

### **Reflection Questions:**

- How can I serve others the way Jesus served His friends?
- What is one way I can help others at home, school, or church?